

Cuffelinks



Rotary Year:2024-25 Issue:July 2024 Total Page -12

For Private Circulation Only

Dear Rotarian Friends,



It is with great joy and pride that I introduce the second edition of our club's news bulletin, Cuffelinks.

This bulletin not only reflects our accomplishments but also the vibrant spirit and commitment of our members who continue to strive for excellence and service above self. Since the transition of leadership, we have been steering the club towards growth with renewed energy and a collective vision.

From President Desk

The Rotary Club of Mumbai Cuffe Parade remains steadfast in its dedication to supporting meaningful causes that bring about positive change in our community. Our projects and initiatives are a testament to the diverse capabilities of our members, who tirelessly work together to make a difference. August has been a particularly vibrant month for us, filled with impactful activities that highlight the dynamic nature of our club.

From the heartfelt Annadaan at Lady Hirabai Jahagir Health Old Age Home to the patriotic celebration of Independence Day at Lady Engineer School, each project has left a lasting mark on those we serve. These initiatives are a true reflection of our commitment to community service and the broader goals of Rotary. This edition of Cuffelinks is a mosaic of the various projects undertaken in August, showcasing the breadth and depth of our work.

It is also a celebration of Membership Month in Rotary, during which we were delighted to welcome five new members into our club. Their fresh perspectives and enthusiasm are invaluable assets, and we look forward to their contributions as we continue to grow and evolve. Looking ahead, we are excited about the numerous projects and events planned for the coming months. With the guidance of our dedicated leadership and the unwavering support of our members, I am confident that we will continue to achieve great things together. As you read through this edition, I hope you feel the same sense of pride and inspiration that I do. Let us keep this momentum going and continue to make a positive impact on the lives of those around us. Happy reading, and thank you for your continued dedication to our shared mission. Warm regards

, Happy Diwali And Happy New Year

Rtn. Errick Elavia

President

Rotary Club of Mumbai Cuffe Parade



Happy Navratri and Diwali



THE 4 WAY TEST:

of the things we think, say or do

- Is it the TRUTH?
- Is it FAIR to All Concerned?
- Will it Build GOODWILL & Better Friendships?
- Will it be BENEFICIAL

Eco-Friendly Ganesha Idol Workshop at Lady Engineer High School 2nd September



In a wonderful initiative to promote environmental consciousness, the Rotary Club of Mumbai Cuffe Parade, in collaboration with the students and faculty of Lady Engineer High School, organized an Eco-Friendly Ganesha Idol Workshop. Under the guidance of the respected principal and led by the talented art teacher, Anandkishor Mehar Sir, students from the 4th and 5th standards participated enthusiastically, creating idols of Lord Ganesha using eco-friendly materials. The workshop encouraged students to make clay idols, fostering awareness of the environmental impact of traditional idols made from non-biodegradable materials. The children crafted their idols with great care, showcasing creativity and a deep respect for nature. After completion, these beautiful eco-friendly idols were displayed in the school compound, allowing parents, teachers, and other students to admire the dedication and skill that went into each piece. In addition to the idol-making, students also created vibrant posters aimed at raising awareness about the importance of using eco-friendly idols. These posters highlighted the dangers of global warming and how switching to sustainable alternatives can make a positive impact on the environment. The students' messages were clear and impactful, calling upon the community to protect and preserve the earth by making mindful choices. This workshop served not only as an artistic exercise but also as an important educational experience, instilling environmental responsibility in young minds. Thanks to the Rotary Club of Mumbai Cuffe Parade and Lady Engineer High School, this initiative will leave a lasting impact on students, encouraging them to make environmentally conscious decisions as they grow.



Rotary Club of Mumbai Cuffe Parade Promotes Health with New Mother Kit Distribution at Ruxmani Hospital



On 21st September at 10 a.m., Rotary Club of Mumbai Cuffe Parade continued its dedication to community welfare with a thoughtful initiative to support maternal health. Led by Club President Rtn. Errick Elavia and Medical Director Rtn. Dr. Sujata Dalvi, the club organized a Healthy Kit Distribution for new mothers at Ruxmani Hospital, Babulnath, Mumbai.

The event was well-received, focusing on the wellbeing of mothers and newborns by providing essential items to support health and comfort during the critical postnatal

period. These kits, carefully curated with necessities, aim to ease the journey for mothers as they transition into parenthood.

A special acknowledgment goes to Rtn. Bharti Hatija, whose generous contribution covered the entire cost of the project, allowing the club to deliver impactful support to these families without financial barriers. This heartfelt initiative is part of the Rotary Club's ongoing commitment to health and social welfare, particularly for women and children in need.



Through such projects, Rotary Club of Mumbai Cuffe Parade continues to make a tangible difference in the community, supporting families and fostering a healthier society for all.

Rotary Club of Mumbai Cuffe Parade: Alzheimer Awareness Seminar with Dr. Pankaj Agarwal



On a dedicated evening for health and well-being, the Rotary Club of Mumbai Cuffe Parade organized an insightful Alzheimer awareness seminar, featuring Dr. Pankaj Agarwal, a renowned neurologist. Held in the presence of an enthusiastic audience, the seminar attracted members from various organizations, including Lions Club members and representatives from the Rotary Club of Mumbai Harbor. Dr. Agarwal, a highly respected voice in the field of neurology, shared his expertise on critical aspects of medical care, nerve health, and the impact of Alzheimer's disease on individuals and families. His presentation shed light on the importance of early detection, the latest

advancements in treatments, and strategies for managing symptoms effectively. His insights into the neurological factors associated with Alzheimer's helped everyone understand both preventive measures and the evolving landscape of care for those affected by the disease. The event was graced by Chief Guest MJF Viraf Mistry, whose presence highlighted the importance of such collaborative gatherings. The seminar fostered a spirit of shared learning as members of the Rotary Club and Lions Club came



together for this significant cause. Dr. Agarwal's talk prompted a wave of questions from the audience, ranging from lifestyle factors that affect brain health to specific care techniques for Alzheimer's patients, making it a highly interactive and engaging experience for all present. The seminar concluded on a note of gratitude, with a special acknowledgment of Dr. Agarwal's dedication to spreading awareness and his commitment to neurological care. This event exemplifies the Rotary Club of Mumbai Cuffe Parade's commitment to promoting community health and knowledge, encouraging us all to consider the proactive steps we can take toward a healthier, more aware society.



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Joyous Navratri Celebration by Rotary Club of Mumbai Cuffe Parade



Joyous Navratri Celebration by Rotary Club of Mumbai Cuffe Parade On the auspicious evening of October 3rd, the Rotary Club of Mumbai Cuffe Parade hosted a memorable Navratri celebration that perfectly blended tradition with fellowship. Set against the charming backdrop of 21 Downtown Hall above Eros Cinema, the event welcomed Rotarians and their families to an evening devoted to the vibrant spirit of Mataji Ka Parva.

The celebration brought together several clubs from the region, including RC Bombay Metropolitan, RC Bombay South, and RC Mumbai SoBo, fostering a wonderful atmosphere of unity and shared joy. An Evening of Devotion and Dance The celebration began with a reverent tribute to Mataji, invoking blessings for prosperity and health. Attendees arrived dressed in traditional attire, with women in colorful chaniya cholis and men in kurtas, adding to the festive atmosphere. The hall resonated with the beats of traditional garba and dandiya raas music, filling the room with energy as members and guests enthusiastically took to the dance floor. Guided by the beats of the drums and traditional tunes, participants spun and swirled, embodying the spirit of Navratri through joyful dance. For many, this was a cherished opportunity to connect with their cultural roots while celebrating in the Rotary family's warm embrace.

The Spirit of Fellowship This Navratri event was more than just a celebration—it was an evening of fellowship and bonding among different Rotary clubs. Members from RC Bombay Metropolitan, RC Bombay South, and RC Mumbai SoBo joined hands with the host club, creating an unforgettable atmosphere of togetherness.

The dance floor became a place of friendship, where Rotarians met, laughed, and celebrated as one big family. The camaraderie between the clubs was evident, as members took turns leading the dance circles, exchanging stories, and building lasting connections. The celebration embodied the Rotary values of service and fellowship, as everyone joined in with open hearts. A Feast to Remember Following the dandiya, guests were treated to a lavish dinner, carefully curated to reflect the rich flavors of the season.

The feast offered a delicious spread of traditional Navratri dishes and other Indian delicacies, satisfying appetites after an energetic evening of dance. Conversations over dinner added to the joyous atmosphere, as everyone shared laughter, stories, and appreciation for the evening's festivities. Memories to Cherish As the night drew to a close, each attendee left with cherished memories, carrying the warmth and joy of the evening back home.

The Navratri celebration by Rotary Club of Mumbai Cuffe Parade wasn't just an event—it was an experience that highlighted the strength of community, culture, and fellowship. This vibrant night left everyone looking forward to more such gatherings, where Rotarians come together to celebrate both tradition and togetherness in meaningful ways. With events like these,

the Rotary Club of Mumbai Cuffe Parade continues to uphold the Rotary spirit, enriching lives by creating spaces for celebration, unity,



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Diwali Festivities with Rotary Club Mumbai South: A Night of Lights, Music, and Fellowship



Rotary Club Mumbai South recently hosted a spectacular Diwali celebration, inviting the Rotary Club of Mumbai Cuffe Parade to join in the festivities. The evening was filled with laughter, music, and the true spirit of Diwali, where Rotarians and their families came together to revel in the joys of the season. The event showcased an exciting line-up of entertainment, including live singing, karaoke, dance, and an abundance of delicious food, making it a night to remember.

An Evening of Music and JoyThe celebration began with live performances that set the stage for an enchanting evening. Talented singers brought Diwali's festive mood to life, delivering both classic and modern tunes that had everyone swaying to the rhythm. The karaoke session added a fun twist, as members took turns at the mic, singing their favorite songs and cheering each other on. The dance floor was soon abuzz, with members and guests enjoying the vibrant beats and dancing to their hearts' content. The lively music and joyful dancing created an atmosphere of togetherness, highlighting the bonds within the Rotary community.

A Grand GatheringThe event was a full house, with a fantastic turnout of members from both Rotary Club Mumbai South and Rotary Club of Mumbai Cuffe Parade. The evening was filled with laughter, stories, and shared memories, as Rotarians reconnected and celebrated the festival of lights together. The warmth of fellowship shone as brightly as the Diwali lights, with everyone relishing the chance to be together for this special occasion.

Diwali Gifts to Spread the Festive SpiritAs a heartfelt gesture, Rotary Club of Mumbai Cuffe Parade distributed Diwali gifts to all members present, adding to the festive cheer. Each gift symbolized gratitude, friendship, and the spirit of giving that lies at the heart of Diwali. The members were delighted to receive these thoughtful presents, which served as a reminder of the Rotary community's commitment to celebrating life's joys together.**A Night to Remember**

The Diwali celebration with Rotary Club Mumbai South was a true testament to the spirit of Rotary fellowship. From music and dance to delicious food and thoughtful gifts, every element contributed to an unforgettable evening. Members left with beaming smiles, filled with the joy and camaraderie that made this Diwali celebration one for the books. As the night came to an end, everyone departed with cherished memories and a renewed sense of community, looking forward to many more festive occasions together. The Rotary Clubs of Mumbai South and Mumbai Cuffe Parade showed once again that the light of Diwali shines brightest when celebrated in unity and friendship.

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CLUB NEWS AND PROJECT UPDATES

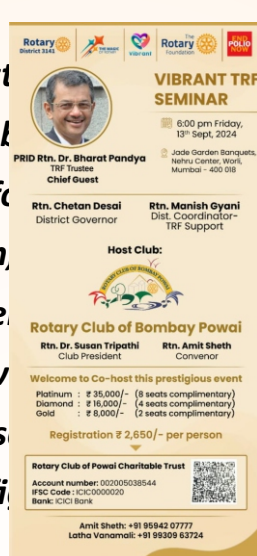


E-Waste Collection Drive at Lady Engineer High School by Rotary Club of Mumbai Cuffe Parade

The Rotary Club of Mumbai Cuffe Parade recently organized a successful e-waste collection drive at Lady Engineer High School, promoting environmental responsibility and awareness. Students, faculty, and local community members actively participated, bringing in unused or broken electronics to be responsibly recycled. This initiative aimed to reduce electronic waste, prevent harmful materials from ending up in landfills, and educate young minds on the importance of sustainable practices. Through this drive, the Rotary Club reinforced its commitment to environmental conservation, making a positive impact by fostering eco-friendly habits in the community.

Rotary Club of Mumbai Cuffe Parade Co-Hosts TRF Seminar

The Rotary Club of Mumbai Cuffe Parade had the honor of co-hosting a seminar for The Rotary Foundation (TRF), bringing together members from various Rotary clubs to discuss impactful projects and strategies for service. The seminar provided valuable insights into TRF's mission, funding, and opportunities for community development, empowering Rotarians to deepen their contributions. Through this collaborative effort, the Rotary Club of Mumbai Cuffe Parade reinforced its dedication to supporting TRF's goals of promoting peace, fighting disease, and enhancing education worldwide.



Rotary Club President Rtn. Errick Elavia Honored with Best Principal Award by Lions International

We are proud to announce that Rtn. Errick Elavia, President of the Rotary Club of Mumbai Cuffe Parade, has been awarded the prestigious Best Principal Award by Lions International. This accolade recognizes his dedication to excellence in education and his commitment to shaping young minds. Under his leadership, Errick has made significant contributions to fostering an environment of academic growth and personal development. The Rotary community congratulates him on this well-deserved honor and celebrates his inspiring impact on students and educators alike.



Generous Donation from Mrs. Jayshree Rupak Shah for Community Upliftment We are grateful to acknowledge a generous donation of Rs. 25,000 from Mrs. Jayshree Rupak Shah, the sister of our esteemed member. This contribution, guided by instructions from Rtn. Nikunj Jhaveri, is dedicated to supporting the upliftment of underprivileged communities. With this thoughtful donation, we are able to extend our efforts towards creating meaningful change and improving the lives of those in need. The Rotary Club of Mumbai Cuffe Parade sincerely thanks Mrs. Shah for her kindness and commitment to making a positive impact in our community.

